

VAIL SCHOOL DISTRICT MIDDLE SCHOOL LUNCH MENU FEBRUARY 19 – 23 2018

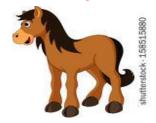


REVOLVE	HONOR ROLL	FIESTA	UPPER CRUST	FAST TAKES
<u>Monday</u>	<u>National</u> <mark>Monday</mark>	<u>Presidents</u> <u>Monday</u>	<u>Day</u> <mark>Monday</mark>	<u>Monday</u>
Chicken Philly Hot Sub Frozen Sherbet Cup w/ hot lunch	Chicken Patty Sandwich	Beefy Nachos	Pepperoni Pizza OR Cheese Pizza	Turkey & Cheese Sub OR Buffalo Chicken Salad w/ Dinner Roll
<u>Veggie / Fruit / Milk</u> Green Beans Fruit 1% or Fat Free Milk	<u>Veggie / Fruit / Milk</u> Green Beans Fruit 1% or Fat Free Milk	<u>Veggie / Fruit / Milk</u> Green Beans Fruit 1% or Fat Free Milk	<u>Veggie / Fruit / Milk</u> Green Beans Fruit 1% or Fat Free Milk	<u>Veggie / Fruit / Milk</u> Green Beans Fruit 1% or Fat Free Milk
<u>Tuesday</u>	<u>Tuesday</u>	<u>Tuesday</u>	<u>Tuesday</u>	<u>Tuesday</u>
Chicken Fried Steak w/ Dinner Roll	BBQ Riblet Sandwich	Beefy Nachos	Sausage Pizza OR Cheese Pizza	Ham & Cheese Sub OR Crispy Chicken Salad w/ Dinner Roll
<u>Veggie / Fruit / Milk</u> Mashed Potatoes/ Gravy Fruit 1% or Fat Free Milk	<u>Veggie / Fruit / Milk</u> Mashed Potatoes W/Gravy Fruit 1% or Fat Free Milk	<u>Veggie / Fruit / Milk</u> Mashed Potatoes W/Gravy Fruit 1% or Fat Free Milk	<u>Veggie / Fruit / Milk</u> Mashed Potatoes W/Gravy Fruit 1% or Fat Free Milk	<u>Veggie / Fruit / Milk</u> Mashed Potatoes W/Gravy Fruit 1% or Fat Free Milk
<u>Wednesday</u>	<u>Wednesday</u>	<u>Wednesday</u>	<u>Wednesday</u>	<u>Wednesday</u>
Mac & Cheese w/Fish Sticks **Avocado Mac & Cheese **NEW ITEM	Chicken Patty Sandwich	Whole Grain Bean & Cheese Burrito	Pepperoni Pizza OR Cheese Pizza	American Sub OR Chef Salad w/Dinner Roll
<u>Veggie / Fruit / Milk</u> Refried Beans Fruit 1% or Fat Free Milk	<u>Veggie / Fruit / Milk</u> Refried Beans Fruit 1% or Fat Free Milk	<u>Veggie / Fruit / Milk</u> Refried Beans Fruit 1% or Fat Free Milk	<u>Veggie / Fruit / Milk</u> Refried Beans Fruit 1% or Fat Free Milk	<u>Veggie / Fruit / Milk</u> Refried Beans Fruit 1% or Fat Free Milk

School Closed Rodeo Vacation February 22nd & 23rd









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Students MUST select 3 out of the 5 meal components.

One of the 3 components selected MUST be a fruit
Or vegetable.

Menu subject to change without

notice.

fresh veggie bar and condiment table.

All grains offered are Whole Grain Rich.

All lunch meals also include our self-service

Items included are: pasta, breads, buns, tortillas, dinner rolls and all breading used on food items.

Our menu is Trans Fat Free!

"This institution is an equal opportunity provider."