



DESERT SKY MIDDLE SCHOOL

“Building a Community of Learners”

9850 E. Rankin Loop

Tucson, AZ 85747

(520) 879-2700 (520) 879-2701 Fax

Desert Sky Physical Education 2013-2014

The Desert Sky Physical Education Department strives to make classes a positive learning experience for all students. To do this successfully, I have established some basic classroom procedures and guidelines to let all parents and students understand my goals, objectives, and grading policies for the year.

Objectives

- To promote good health through exercise.
- To develop and maintain positive social skills and good citizenship.
- To exhibit good sportsmanship, a sense of fair play, and respect for others.
- To provide knowledge and activities that are designed to enhance the components of fitness and promote a healthy lifestyle.

Class Guidelines

- Come to class prepared (dress out daily, bring homework when assigned, etc.)
- Be respectful toward teacher(s) and peers.
- No food, candy, or drinks are allowed in the locker room or gym (Water is O.K.)
- No foul or vulgar language will be tolerated.
- No horseplay in the locker room or gym.
- Abuse of the physical education equipment or facilities will not be tolerated.

Class Policies

Class Preparation:

Each day, students will be required to write in their Desert Sky Agenda the daily activities posted on the white board in the locker room(s). Students must also be dressed and in the designated area (i.e. squads) within seven minutes of the class start time. Each tardy will result in

points off of daily participation, however, on the third tardy and every tardy thereafter will result in a no stamp.

PE Uniform:

Students will be required to wear the school approved PE uniform for reasons of hygiene, safety, and responsibility. The school uniform is a white or gray t-shirt, navy blue or red athletic shorts, and proper athletic shoes. Students must completely change from school clothes to their PE uniform during PE class. Students are not permitted to just put PE clothes on over their school attire. Sandals and open toe shoes will not be acceptable and students will not be allowed to participate in activities while wearing these types of shoes. Uniforms may be purchased from the PE Department.

If a student forgets his/her uniform or does not have a complete uniform (i.e. shirt, shorts, or shoes) the student will have four points deducted from their daily grade. Also, the department will provide a “loaner uniform” for that specific day, but these uniforms must be returned by the end of the class period. Three or more non-dresses in a quarter equals a no stamp.

Absences:

If a student is absent (excused/unexcused) or unable to participate due to illness or injury from any day of class, he/she is required to make up the work to receive the daily points. Make-up logs must be completed and signed by the parent/guardian. Students are responsible for obtaining a make-up log from the teacher, the day that the student returns to school. Make-up logs are located on the information board in the hallway of the gym. The student also has the option of a written make-up assignment, but this must be approved by the teacher prior to completing. Make-up logs/works must be completed and turned in no later than one week following the absence.

Grading Policies

Students will be graded in three areas, which include daily participation, exams/written work/health, and lifetime activities (activities performed outside of class).

Daily Participation: 65% of Final Grade

Students can earn 10 points per day:

4 points – dressed out in all of the required clothing (shirt/shorts/shoes).

6 points – participation/appropriate behavior.

2 points: students are expected to conduct themselves in an orderly manner and observe all class rules.

2 points: students will come to class on time and stay on task the entire class period.

2 points: students are expected to demonstrate sportsmanship towards peers and teachers.

Exams/Health/Written Work: 15% of Final Grade

Topics, format etc. will vary per teacher.

Lifetime Activities/Activity Logs: 20% of Final Grade

Activity logs are completed outside of class. Activity Logs will be turned in at the middle and at the end of each quarter. Activity logs will be worth a total of 80 points.

Grading Scale:

A = 100-90%; B = 89-80%; C = 79-70%; D = 69-60%; F = 59% or below.

Locks/Lockers

All clothes and personal items of value should be locked in the gym locker before the student leaves the locker room. **The student, not the school, is responsible for his/her personal belongings.** The locks and lockers are the responsibility of the student for whom they are assigned. If the locks are not returned at the end of the term, the cost of lock replacement will be the student and parent/guardian responsibility. The cost for replacement is

\$5.00 and all records will be held until the lock is returned, found, or paid for replacement. If the locker is vandalized it will be that person's responsibility to pay for damages of the locker. Students will also be responsible for their assigned heart rate monitor and strap if these items are lost or stolen the student is responsible for replacing the item.

*** Please do not bring locks from home!**

Locker Room Supervision

Due to changes in our physical education department staff the girls locker room will be supervised by support staff at the designated times for class exchange. There may be instances that support staff is not available for locker room supervision which would result in students not being able to dress out on that day. Students are prohibited to be in the locker rooms without adult supervision. If supervision is not present in the locker room the student should not be in the locker room.

After School Procedures

After school all students who have not received a pride plus card are responsible for getting their agenda stamped and if they are required to serve pride that day, must wait to be escorted by their teacher to the those teachers assigned to pride duty only. Students must also exit the gym after school through the door they entered on the south side of the gym, they cannot be in the gym lobby or exit through the gym lobby doors.

PE Department Staff

Sal Rodriguez

879-2767 rodriguezsa@vail.k12.az.us

PE/Athletics Web Site Address: Click on activities link/sports on the school website at dsms.vail.k12.az.us

Printable Activity Logs, Make-up Logs, and PE Syllabus available

In closing, the Desert Sky Middle School Physical Education Staff is looking forward to another rewarding year and welcomes you to ask any questions that you may have.

***** Please return this portion to your PE Teacher *****

The following movies may be shown when weather conditions prevent the class from participating in outside activities. All of the movies listed below are rated PG.

Rudy
Invincible
Hoosiers

Radio
Remember the Titans

Parents please check below if these movies meet your approval and your student may view them in the future. _____

Parents/Students please return this portion signed to his/her PE teacher within one week of receiving. If you have any questions or concerns, feel free to contact us.

I have read and understand the physical education rules and policies:

Student Name: _____

Student Signature: _____ Date: _____

Parent/Guardian Signature: _____

Mother's Name (First and Last): _____

Father's Name (First and Last): _____

Home Phone: _____ Work Phone: _____

Parent/Guardian Email Address: _____